



Department of Catechesis  
Eparchy of St Ephrem, Khadki- Pune



# BIBLIA 2020

## JDC-MBOC @ HOME







Hi friends! ...  
Good Morning ....  
How are you this morning?  
Are you ready for today's session!!

1

**Holy Qurbono**  
(9:00 am- 10:00am)



### Receive Holy Communion Spiritually

Dear Children, when unable to receive the Holy Communion, it is a pious practice to receive a Spiritual Communion. So together pray

*"I believe that You, O Jesus, are in the most Holy Sacrament. I love You and desire You. Come to my heart. I embrace You. O, Jesus never leave me. By the sweetest power of Your love, O Lord Jesus Christ, I beseech You, that I may live through the love of Your love."*

'Remember the Sabbath and keep it holy', is one of the Ten Commandments! As the scripture says 'six days you shall labor and do all your work, but the seventh day is a Sabbath to the Lord your God'. (Exodus 20: 8-11)

So shall we start our day with the Holy Qurbono? Do you know, what is special about today's Holy Mass? The entire Diocese is going to attend the Qurbono together. (Please check the link provided in your Whatsapp group) So let's join our big community in this service. Let us be attentive, as the whole host of heavenly angels, saints and departed together will join us to worship the Holy Trinity.

<https://youtu.be/rliwq67XCoI>

### Bible Song

Is Bible a single book or collection of books? Here is a unique task, we are going to learn the whole name of the Bible books in the form of a song. We believe that you have received the audio track (Malayalam) by this time. Now refer the contents page of your Bible and listen to the song.







**Do  
YOU?  
KNOW**

The Sermon on the mount starts off with the Beatitudes. These are the eight blessings promised by Jesus in the Sermon on the Mount for those who wish to enter the kingdom of God. (Matt 5: 3-11) This is also a pointer for us to lead a life following Jesus. And if you do so, then you will surely receive God's blessings which inturn are followed by a promise.

## The Beatitudes

8 BLESSINGS (Happy are those, who are.....)	THAT MEANS (If you are.....)	PROMISE ( Then you will.....)
Poor in spirit	Aware of your deep need of God	Enter God's Kingdom
Mourning	Really sorry for your sins and the world's sins	Know God's forgiveness and comfort
Meek, gentle	Obedient to God in all	Receive God's good gifts
Hungry for uprightness	Longing to know God and do His will	Be spiritually satisfied
Mercifully	Empathizing with others and helping them in their need	Experience God's kindness
Pure in Heart	Sincere in every way	Stay in touch with God
Peacemaker	Loving enemies to become friends	Be doing God's most important work
Persecuted	Suffering for God's cause	Be welcomed into heaven as a hero



### Sub Juniors Bible verse reciting

2

**Individual activity**  
(10:00am-10:30 am)



Little ones! Do you wish to know what Jesus prayed during the time of troubles and difficulties? Jesus used to recite prayers from Psalms, which was written by his royal anointed and legendary forefather.. King David. So shall we learn few prayers from Psalms....

[Parents kindly read it out for your kids, encourage your child to learn the Bible verses and help them to memorize any verse from Psalms.]







## INSTRUCTIONS

You may send the voice clip to your respective Sunday school teacher. The verses could be recited in their regional language too.



## Juniors Psalms memorizing

This task will bring our brain and hearts together in an exercise. This is nothing but memorizing the Bible verses, which surely will bring change in your life. If you allow the word of God to work through you, you can recall it anytime especially in times of need. Did you know that Jesus used to quote from Psalms and so shall we.

## INSTRUCTIONS

You are supposed to learn any 10 verses from Psalms.

Write down those verses that touch you personally.

Find one verse each related to- Morning Prayer, Evening Prayer, Protection, Help, Forgiveness, Peace, Strength, Mercy, Health & Thanksgiving.

Write down 3 verses on a chart paper, cut it creatively and paste it in your own notebook.



## Seniors Faith Lesson

### Jesus calms the storm

Children, please read from Luke chapter 8 verses 22 to 25. From this you will understand how Jesus calms the storm. We can learn two important teachings through this event.

1. He trusted the disciples that they would take care of the boat, so in our lives journey, Jesus has placed a trust on us too.
2. He showed Himself to be Lord of creation and also having power over natural forces, so we need to fully trust in His supremacy. The message is simple: If we have Jesus on board, there is nothing to worry.







## INSTRUCTIONS

You are requested to read the passage from the Gospel of Luke 8:22-25.

Example: My life is like the boat in which Jesus resides but I fail to recognize him, and I give more importance to the storm, i.e. problems in our lives.

For the next few minutes reflect on this passage and note your reflections in your MBOC Note book/ Diary

(You may show it to the Sunday School Teacher after the lockdown.

This is to enhance your interest in reading and meditating the Bible.

## Bible Tableau

(Group Event)

10:30-11:30



For those who want to look back in time by recreating the events of Bible, you may choose to depict a character from a biblical event, dress-up to look like some characters suiting the theme you selected. Be creative and use the appropriate materials.



Enact an event from Bible; it should clearly portray the incident you are presenting. Costumes may be selected based on availability, but should be neat and modest.

Events must be understood from the presentation; Substitute materials can be used;

This is a still event ( i.e. without movement) (No videos are entertained)

Take an image of these and upload it in the link provided in the Whatsapp/ send to +91 9884201485, don't forget to put NAME, PARISH & PLACE. <https://www.biblia2020.com/copy-of-feedback>



INSTRUCTIONS

DAY  
2





Or



### Fancy Dress (Individual Event) 10:30-11:30

Kids, you may choose an ambitious role you wish to become in life or any fancy role with costumes. Use things available at home as props and other supporting materials. Hurry up!! We have no time left. Take a picture of your appearance... Say Jeeeeeeeeesus.



Discuss with your parents and siblings, about your ambition or anything you wish to present.

(Eg: as a Doctor, Advocate, Teacher, Carpenter, Politician or some character relevant in this lockdown)

Collect the costume, or other materials available to perform the event

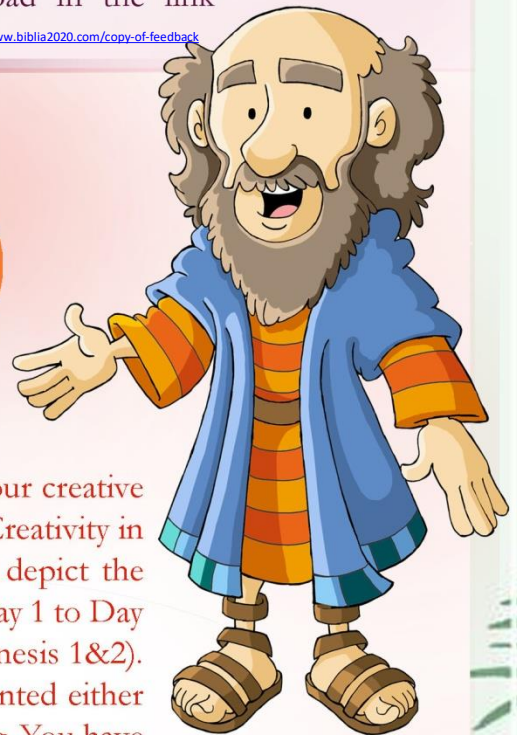
Take a picture in your costume. Upload in the link provided/ send to +91 9884201485, <https://www.biblia2020.com/copy-of-feedback>

### Group Activity [3:00- 5:00]

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### Theme craft The Art of Creativity (Family Event )

Friends, this is an opportunity for your creative cells to take hold of you!!! Use your Creativity in Creation!! That means, you have to depict the seven days of Creation, right from Day 1 to Day 7 based on the book of Genesis (Genesis 1&2). All the seven days needs to be presented either through materials (visuals) or drawing. You have ample time to do this. But take enough care that you should not miss out any detail and let all things be according to your imagination of creation.



5





Use your creativity to make Creation from Day 1 to Day 7  
Post a picture/Can make a video/ still image / present in paper/ enact  
The best one will be selected to the central team from each district.  
Take an image of these and upload it in the link provided in the Whatsapp/  
send to +91 9884201485 <https://www.biblia2020.com/copy-of-feedback>  
Specify NAME, PARISH & PLACE.



### Evening Prayer

(7:00pm to 7:40pm)  
[Family Event]

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Dear Biblia Family, just like we did yesterday, let us pray together with the community. Use your Malankara Catholic Liturgical book for the prayers. Let's all together pray the 'Sandhya Prardhana'.



### Rosary Time

St. Ephrem believed, that the name of Mary is the key of the gates of heaven,' in the hands of those who devoutly invoke her intercession. Let's now recite and reflect on the Mysteries of the Rosary. Finally conclude with the 'Memorare'- Remember, O most gracious Virgin Mary...



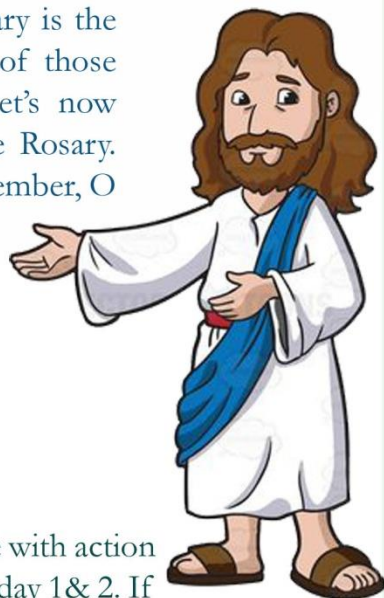
### Individual Activity

[7:40- 8:30]

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### Sub- Juniors: Action Song

Kiddies... Its time for some giggle and jiggle with action and dance! Repeat the action songs learnt in day 1& 2. If time is available... we shall also learn a regional action song.





## Juniors : Matching



### Activity - Match the name with the suitable meaning

NAMES	MEANING
Noah	Drawn out
Isaac	Usurper
Esau	Jacob
Jacob	Comforter
Israel	Ewe
Rachel	Laughter
Rebecca	Red and Shaggy
Moses	Bind/Trap

Write down the names in your note book and then find out the matching meanings and insert next to the name given.

Do this in your convenient time.

This can be submitted to their respective Sunday School Teachers.



## Seniors (Individual) : Mapping

(7:30pm to 8:30pm)

Dear friends, as we are approaching the last day activity, shall we put some more energy in doing this too. Don't you wish to know more about the place where Jesus was born, brought up and finally crucified? By this time you might have received a map in the Whatsapp group. Please draw the outline of it and mark all the respective places.







## Mark in the Map

1. Birth of Jesus
2. The town in which Jesus grew
3. Baptism of Jesus
4. Jesus calling his first disciples
5. Jesus' first Miracle according to Gospel of John
6. Healing of the blind man, Bartimaeus
7. The proclamation of faith by Peter
8. Raising of Lazarus
9. The place from which the Good Samaritan came
10. The place where the Holy Temple of God situated



You have to draw the outline of the given map

You may identify the places according to the events and mark the place

We have attached a map of Palestine- Israel at the time of Jesus.

Example: Mark Jordan with the help of arrow and square boxes to depict the place of Jesus' baptism) ○ → □

You may use paper, chart paper, crayons, sketch pens, colours

The best marking will be acknowledged at the Eparchial level

Use your Creativity, Accuracy, and Uniqueness

Overall Presentation is important

Take an image of these and upload it in the link provided in the

Whatsapp/ send to +91 9884201485 <https://www.biblia2020.com/copy-of-feedback>

Write NAME, PARISH & PLACE.

Moses

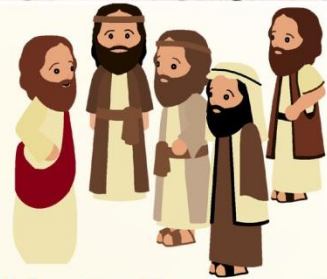






**Report & Feedback**  
(8:30 to 9:15)

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Biblia Family: We will be waiting for your report. So that we can consider such similar programs in future too. You can mail us... with the pictures of the activities.

### INSTRUCTIONS

Write a brief report about the activities you did for two days  
Write which activity you found most interested and engaging.  
Evaluate the programme. Write your feedback in not more than 2 pages to Whatsapp/ send to +91 9884201485 with NAME, PARISH & PLACE.

<https://www.biblia2020.com/copy-of-quiz>

### Night Prayer & Song 19:15-9:30

Let us pray with St. Augustine:  
“Watch, O Lord, with those who wake, or watch or weep tonight and give Your Angels and Saints charge over those who sleep. Tend Your sick ones, Rest Your weary ones, Bless your dying ones, Soothe Your suffering ones, Pity Your afflicted ones, Shield Your joyous ones, And for Your love’s sake. Amen”

Shall we sing together ‘Njaan urangaan pokum munbaay’.

Good bye dears.. Hope you all had two more wonderful days in your life to remember!

Have a peaceful sleep with pleasant memories of this day! Don’t forget to call the guardian angel by your side!

**Take care! Stay Safe! &  
Be Blessed Always!**

